

# Promoting good health

Aigburth Physiotherapy Clinic is one of Merseyside's leading physiotherapy practices. We have been operating in Merseyside since 1992 and offer a comprehensive range of treatments to individuals and corporate clients.

## **Employers are all of your employees present and correct?**

They may be present but most pain-related lost productive time actually occurs while employees are at work, in the form of reduced performance. This concept has been termed 'presenteeism' and is increasingly being recognised as a serious problem.

## **How will occupational health planning help me to save money?**

- Fewer days off = more money earned! We can help you to reduce absence rates and recovery times
- Value your staff and they will reward you. An increase in morale will lead to an increase in retention
- We know your time is valuable, that's why we come to you. On-site physiotherapy means less time spent travelling to and from hospitals and doctors



## Now Take control

- Promote optimum health for life
- Increase productive performance
- Reduce absenteeism and presenteeism

Aigburth Physiotherapy make it easy for you to protect your employees from injury. We will attend your workplace to carry out assessments on the working environment and repetitive handling operations.

We will help you to develop an Occupational Health Plan for your employees and we will make a commitment to helping you deliver it.

You can ask our advice on existing problems. We will do everything we can to work around you, causing minimal disruption to your working day. And it doesn't have to cost the earth – most recommended changes are small and easy to implement.

## What have you got to lose?

Contact us today on: **0151 494 2680**  
or **info@aigburthphysio.co.uk**

## Are you suffering from an injury?

Our team of experienced and highly qualified physiotherapists work with private individuals, sports teams and clubs to rehabilitate, promote optimum health and encourage improved physical performance.

## Following assessment we can carry out a range of treatments including:

- Manipulative therapy
- Manual therapy
- Exercises
- Postural advice
- Ergonomic advice
- Acupuncture
- Electrotherapy
- Sports massage

## Professional development and associations

We are strongly committed to continued personal and professional development and we always exceed the Organisation of Chartered Physiotherapy in Private Practice (OCPPP) minimum requirements for yearly training.

## Aigburth Physiotherapy is associated with:

- The Organisation of Chartered Physiotherapy in Private Practice (OCPPP)
- Chartered Society of Physiotherapists
- Physiotherapists in Occupational Health
- Manipulative Association of Chartered Physiotherapists (MACP)
- The Liverpool Pilates Centre
- Greens Health and Fitness, Liverpool